










February

2026 Congregate Meals: Grand Traverse County revised 1-26-26

	<p>3 Vegetable Lasagna Prince Charles Vegetable Blend Fresh Vegetable Fruit Cup Bread & Butter</p>	<p>4 Shepherd's Pie Herbed Mashed Potatoes Fresh Vegetable Fruit Cup Bread & Butter</p>	<p>5 Breakfast Burrito Hashbrown Potato Fresh Vegetable Fruit Cup</p>	
	<p>10 Chili w/Cornbread Beef and Bean Chili w/Cornbread Baby Bakers Potato Carrots Fresh Fruit</p>	<p>11 Sliced Pork Loin w/Gravy Mashed Sweet Potatoes Brussels Sprouts Fresh Fruit Bread & Butter Kingsley Chili w/Cornbread</p>	<p>12 Chicken Fajita w/Tortilla Vegetable Rice Pilaf Fajita Veggies Fresh Fruit Interlochen Chili w/Cornbread</p>	
	<p>17 Chicken Parmesan Mashed Potatoes Fresh Vegetable Fruit Cup Bread & Butter</p>	<p>18 Hamburger w/Bun Baked Beans Fresh Vegetable Fruit Cup</p>	<p>19 Mac & Cheese Stewed Tomatoes Fresh Vegetable Fruit Cup Bread & Butter</p>	
	<p>24 Beef Barley Soup Capri Vegetable Blend Beets Fresh Fruit Bread & Butter Fife Lake Birthday Cupcakes</p>	<p>25 Baked Fish Battered Bite Potatoes Green Beans Fresh Fruit Bread & Butter Kingsley Birthday Cupcakes</p>	<p>26 Salisbury Steak Herbed Mashed Potatoes Brussels Sprouts Fresh Fruit Bread & Butter Birthday Cupcakes</p>	

Milk is served with all meals. This menu is subject to change.

The Michigan Department of Aging & Adult Services provides the regulations regarding this menu.

Reservations are called into the Senior Center Network at 231-922-4911.