

# Wexford-Missaukee Resource Directory

## Table of Contents

<b>Table of Contents</b> .....	<b>1</b>
<b>Adult Education</b> .....	<b>2</b>
<b>Addiction &amp; Recovery</b> .....	<b>4</b>
<b>Budgeting &amp; Foreclosure Prevention</b> .....	<b>7</b>
<b>Early Childhood Services &amp; Childcare</b> .....	<b>8</b>
Childcare: .....	8
Parenting Classes: .....	9
<b>Education</b> .....	<b>10</b>
<b>Employment</b> .....	<b>14</b>
<b>Food Assistance</b> .....	<b>15</b>
Buckley .....	17
Cadillac .....	17
Lake City .....	18
Manton.....	19
Marion.....	20
McBain .....	20
Mesick .....	20
Tustin/Luther .....	20
<b>Health Care &amp; Medical</b> .....	<b>21</b>
Dental Assistance .....	25
Hearing & Vision Assistance.....	25
<b>Mental Health</b> .....	<b>26</b>
Mental Health Resources.....	26
Reliable health information and resources for all people. Help for people injured by defective drugs and medical devices. ....	27
Mental Health Support Groups.....	28
<b>Household Pantries</b> .....	<b>29</b>
<b>Housing</b> .....	<b>31</b>
Homelessness .....	31
Disability & Senior Housing.....	32
<b>Legal Assistance</b> .....	<b>34</b>
<b>Libraries</b> .....	<b>35</b>

<b>Senior Services .....</b>	<b>37</b>
Adult Foster Care .....	37
Assisted Living .....	37
Local Commissions & Aging Resources .....	39
Adult Day Centers .....	40
Home Health Care .....	40
Hospice .....	41
Senior Legal Services .....	42
<b>Transportation .....</b>	<b>43</b>
<b>Utility Assistance .....</b>	<b>44</b>
<b>Veterans .....</b>	<b>45</b>
<b>Youth Services .....</b>	<b>47</b>

### **United Way Helpline “211”**

1-877-211-5253

Connects people with community resources from housing to health care, family support, job training, and much more.

## Adult Education

### **Adult Education Service Locator**

[LEO - Adult Education Service Locator \(michigan.gov\)](#)

#### **Cost-Free**

Want to find a program near you that offers free or low-cost adult education services?



### **Adult Literacy Program**

231-775-6541

<http://www.cadillacliteracy.org/>

#### **Cost-Free**

To make reading a choice, words meaningful, and language accessible for adults and families in Northern Michigan.



### **Agape Health Care Schools**

231-577-9885

[CNA CPR EMT MFR PhT Classes - \(myagapeschool.com\)](#)

[Agape Health Care Schools | Cadillac MI | Facebook](#)

#### **Some Funding available**

Agape Schools started in December 2013 with the mission to fill the local Nurse Aide need in the greater Cadillac area.



**Baker College of Cadillac**

231-876-3145 or 231-876-3119

Adult Learners | Baker College**Some free resources available**

At Baker College, we salute your ambition and have made it our priority to help you achieve your goals.

**Builders License Training Institute**

800-727-7104

McGuire's Resort 7880 Mackinaw Trail, Cadillac, MI 49601

Builders License Training Institute: Online Exam Prep & CE  
(licensetobuild.com)

**Cost- 79\$-159\$**

Builders License Training Institute is a leading online education and training provider for construction professionals. We offer exam prep and continuing education courses that fit every learning style.

**Disability Network Northern Michigan - Independent Living Skills**

231-922-0903

415 E. Eighth Street, Traverse City, MI 49686

kfisher@disabilitynetwork.net**Free classes available through email correspondence****Cost-Free****Manpower**

231-775-1226

<https://www.manpower.com/?hsLang=en>**Cost-Free**

At Manpower, we're your bridge to growth and opportunity. Driven by our steadfast beliefs, we connect job seekers to dream roles and help employers discover unparalleled talent.

**ACT**Navigator: Ryan Bruntjens - 231-876-2266 - [rbruntjens@wmisd.org](mailto:rbruntjens@wmisd.org)**Cost-Free**

ACT is a FREE, 18-week adult education and training program developed to meet the need for skilled workers in today's work-place environment.

Northwest Michigan ACT offers a direct path to job skills, a high school diploma or GED, and an entry level position within the local manufacturing, health care, or hospitality industries.



**High School Equivalency:**

877-EXAM-GED (877-392-6433)

240 East Church Street, Reed City, Michigan 49677

**Cost – 43.50/subject**

In compliance with Public Act 249 of 2016, the State of Michigan recognizes the following high school equivalency tests as options for individuals to earn a high school equivalency credential: The purpose of these options is to certify an individual's attainment of academic knowledge and skills equivalent to those of a high school graduate.

**HSE-To-School Program****(517) 335-5858**

Based on available funding, the HSE-to-School Program is offered by The Michigan Department of Labor and Economic Opportunity - Workforce Development (LEO-WD) and covers the cost of one attempt on each subject area for the two high school equivalency testing options - GED or HiSET - for Michigan residents who meet eligibility requirements.

**English As Second Language**

231-775-3408 (Select option for Learning Lab)

423 North Mitchell Street, Cadillac, MI 49601

For those speaking Spanish or Ukranian. Closed Fridays. An interpreter is available at their location.



## Addiction & Recovery

**Addiction Treatment Services**

1-800-622-4810

1010 S. Garfield Avenue, Traverse City, MI 49686

Home: Addiction Treatment Services**Cost-Free**

For over 40 years, Addiction Treatment Services has extended compassion and care to our neighbors with substance dependencies so they can maintain a healthy, recovery lifestyle. We've always believed that if we can promote hope — and meet every person with the dignity and respect they deserve — we can build a stronger community, one recovery at a time.

**Al-Anon**

200 E. Mason Street, Cadillac, MI 49601

Al-Anon Family Groups**Cost-Free**

Our personal situations may be different, but we share as equals because of what we have in common: our lives have been affected by another person's drinking. Al-Anon is a mutual support group.



### **Alcoholics Anonymous of Cadillac**

Meetings available in Cadillac: [AA Meetings in Michigan | In The Rooms](#) or [Have a problem with alcohol? There is a solution. | Alcoholics Anonymous \(aa.org\)](#)

#### **Cost-Free**

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings.



### **Angel Program - Michigan State Police**

Anyone is able to walk into any MSP Post and ask for help.  
517-897-2091

[Angel Program \(michigan.gov\)](#)

#### **Cost-Free**

The MSP Angel Program allows individuals struggling with SUD to walk into a MSP posts during regular business hours to ask for assistance. MSP Angel Program participants are guided through a professional substance abuse assessment and intake process to ensure proper placement into treatment.



### **Better Addiction Care**

Meetings in Cadillac and other supports.

[AA Meetings in Cadillac, Michigan | Alcoholics Anonymous \(betteraddictioncare.com\)](#)

#### **Cost-Takes insurance carriers**

Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) have made a significant imprint in the city, assisting countless individuals on their path to recovery.



### **Catholic Human Services**

231-775-6581

421 S. Mitchell Street, Suite 2, Cadillac, MI 49601

[Family and Individual Counseling Services | Catholic Human Services](#)

#### **Cost-Free**

We make a positive difference by providing hope-filled, social, emotional, and spiritual support during some of the most challenging times in people's lives. We serve people of all ages, faiths, and incomes throughout 21 counties in northern lower Michigan.



### **Family Health Care**

520 Cobb Street, Cadillac, MI 49601

231-775-6521

<https://www.familyhealthcare.org/services/behavioral-health/>

#### **Cost-Takes insurance carriers**

School-Based Centers specialize in integrative primary and mental health care. Don't take on life's challenges alone because everyone has a Family to lean on.



**Harm Reduction Michigan**

231-486-5441 or 231-493-5124

850 N. Mitchell Street, Suite B, Cadillac, MI 49601

<https://harmreductionmi.org/>**Cost-Free**

Harm Reduction Michigan is a health equity and recovery community organization based in Michigan.

**Northern Michigan Substance Abuse Services**

989-732-1791

[Northern Michigan Substance Abuse Services, Inc. \(nmsasrecoverycenter.org\)](http://nmsasrecoverycenter.org)**Cost-Free**

NMSAS Recovery Center is a nonprofit 501 (c) organization dedicated to providing opportunities for individuals to discover and strengthen their recovery path from alcohol and other drug addiction.

**Pine Rest**

1-866-852-4001

[Addiction Recovery - Pine Rest](#)**Cost-Yes**

Pine Rest offers a full continuum of addiction services that range from residential drug and alcohol rehab to traditional outpatient services. All of the service components in the continuum welcome those who also have mental health disorders. We believe that there should be no wrong door for individuals to access substance use disorder treatment.

**SAMHSA**

1-800-622-HELP (4357)

[SAMHSA's National Helpline | SAMHSA](#)**Cost-Free**

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.



## Budgeting & Foreclosure Prevention

### **Friend's Ministry**

231-839-8816

3728 S. Morey Road, Lake City, MI 49651

[FRIENDS MINISTRY C.C.D.O. - Friends Ministry](#)

#### **Cost-Free**

Friends serves close to 800 low-income families a year by offering crisis relief and help reduce financial strain brought by car or home repairs, overdue utility bills, fuel to get to work, or other necessary living expenses. Furthermore, with our Thrift Stores, we can offer discounted or vouchered clothing, housewares, or furniture.



### **Habitat for Humanity**

231-775-7561

7545 E. 34 Road, Cadillac, MI 49601

[Financial Coaching | Wexford-Osceola Habitat for Humanity](#)

[\(wexfordhabitat.org\)](http://wexfordhabitat.org)

#### **Cost Free**

The Financial Coaching Program is a service offered by Habitat for Humanity of Michigan (HFHM) that educates individuals to help them make smart decisions regarding their finances.



### **Love Inc.**

231-779-1888

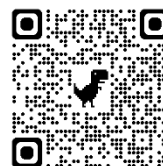
753 Sunnyside Drive, Cadillac, MI 49601

[Love INC of Wexford and Osceola Counties - Home](#)

[\(loveincwexfordosceola.org\)](http://loveincwexfordosceola.org)

#### **Cost Free**

Love INC fosters collaboration and organizes holistic care to help churches serve their neighbors through resources and relationships



### **NeighborWorks**

1-888-995-HOPE

[Home - Foreclosure Help and Hope](#)

#### **Cost Free**



### **NMCAA**

231-775-9781

Homeless Prevention Hotline: 1-844-900-0500

1640 Marty Paul Drive, Cadillac, MI 49601

[Northwest Michigan Community Action Agency - Northwest Michigan](#)

[Community Action Agency \(nmcaa.net\)](http://nmcaa.net)

#### **Cost Free**

Throughout the agency's 50-year history, NMCAA has remained dedicated to strengthening communities through helping individuals and families achieve greater economic security.



**Salvation Army**

231-775-7131

725 Wright Street, Cadillac, MI 49601

Cadillac Salvation Army**Cost Free**

Through programs that serve the body, mind and soul, we alleviate the symptoms of poverty, then work to address the root issues that cause it.



## Early Childhood Services & Childcare

**Parent Helpline**

1-855-427-2736

<https://www.parentsanonymous.org>**Cost-Free**

Parenting information free of charge.

**Michigan Alliance for Families**

800-552-4821

Local -Nicole Miller 231-715-1503

Michigan Alliance for Families and Michigan Alliance - PTI provide information, support and education to families of children and adults with disabilities from birth to age 26 who are in the educational system.

**Single Momm**

231-463-0802

1020 E. Division, Cadillac, MI, 49601 – Behind church in the mobile office.

Our innovative Mentorship 360 program is based on peer-to-peer relationships designed to support a mom in all aspects of parenting, finances, practical, emotional, and spiritual needs. Women are empowered to recognize, plan, and achieve what currently seems unimaginable.

**Childcare:****Great Start to Quality**

877-614-7328

4075 Copper Ridge Drive, Traverse City, MI 40694

Great Start to Quality - Find High Quality Child Care in Michigan**Cost-Free**

We focus on high-quality early learning experiences that build the foundation for skills children need to thrive in school and in life. To accomplish this, we offer support to strengthen Michigan's providers of early care and education so they can continuously improve the services and support they provide young children, their families, and the community.



### **NorthWest Michigan Community Action Agency**

231-775-9781

640 Marty Paul Street, Cadillac, MI 49601

#### **Cost-Free**

Welcome to NMCAA Early Childhood Programming, where we provide tailored services for expectant families, infants, toddlers, preschoolers, and students ages K-12. An addition to all of these programs we also have a multitude of free educational resources in our [Family Corner](#).

### **Statewide Search for Licensed Child-Care Centers**

<https://cclb.my.site.com/micchirp/s/statewide-facility-search>

#### **Cost-Free**

Find a childcare center near you use this search engine.



### **Parenting Classes:**

#### **Child & Family Services of Northwestern Michigan**

231-946-8975

3785 Veterans Drive, Traverse City, MI 49684

[Always A Parent | Child & Family Services of Northwestern Michigan \(cfsnwmi.org\)](#)

#### **Cost-Free**

Child & Family Services offers the “Always a Parent” program to parents who want to improve their parenting skills or who are having difficulty communicating with a co-parent.



### **Healing Private Wounds**

231-846-4495

421 S. Mitchell Street, Cadillac, MI 49601

<https://www.healingprivatewounds.org/>

#### **Cost-Free**

**Healing Roots** - A parent-education, home-visiting program for parents or legal guardians with a child(ren) aged pre-natal up to kindergarten enrollment. This is a trauma-informed, evidence-based supportive program.



### **Life Resources of Northern Michigan**

231-775-1545

909 S. Carmel Street, Cadillac, MI 49601

[Parenting Classes - Life Resources of Northern Michigan \(liferesourcesnm.org\)](#)

#### **Cost-Free**

We offer parenting education programs for both mothers and fathers experiencing an unexpected pregnancy. Clients meet one-on-one with a client assistant to learn about parenting topics that span from early stages of pregnancy up to age 5. While attending these sessions, clients can earn the ability to shop in our store for the materials they might need - diapers, wipes, formula, baby food, baby clothes, baby toiletries, gas cards, etc. We also have a crib program.



## Education

### Buckley Community Schools

231-269-3325

305 N. 1st Street, Buckley, MI 49620

[Buckley Community Schools | Every Student Is Our First Priority \(buckleyschools.com\)](http://buckleyschools.com)

### Wexford-Missaukee ISD

231-876-2265

9905 E. 13<sup>th</sup> Street, Cadillac, MI, 49601

<https://wmisd.org/>

#### **Cost-Free**

Wexford-Missaukee ISD is one of 56 intermediate school districts (ISDs) in Michigan. ISDs are regional service agencies that offer support services to school personnel that are best delivered regionally, as measured by cost, size and quality advantages.



### Cadillac Area Public Schools

p: 231-876-5000 f: 231-876-5021

421 South Mitchell Street, Cadillac, MI 49601

[Cadillac Area Public Schools | Home \(cadillacschools.org\)](http://cadillacschools.org)

#### **Cadillac High School**

p: 231-876-5800 f: 231-876-5805

400 Linden Street, Cadillac, MI 49601

[Cadillac High School | Home \(cadillacschools.org\)](http://cadillacschools.org)

#### **Cadillac Innovation School**

p: 231-876-5900 f: 231-876-5921

9600 East 13th Street, Cadillac, MI 49601

[Cadillac Innovation High School | Home \(cadillacschools.org\)](http://cadillacschools.org)

#### **Forest View Elementary**

p: 231-876-5100 f: 231-876-5105

7840 South 25 Road, Boon, MI 49618

[Forest View Elementary | Home \(cadillacschools.org\)](http://cadillacschools.org)

#### **Franklin Elementary**

p: 231-876-5200 f: 231-876-5205

505 Lester Street, Cadillac, MI 4601

[Franklin Elementary | Home \(cadillacschools.org\)](http://cadillacschools.org)

#### **Lincoln Elementary**

p: 231-876-5400 f: 231-876-5405

125 Ayers Street, Cadillac, MI 49601

[Lincoln Elementary | Home \(cadillacschools.org\)](http://cadillacschools.org)

#### **Mackinaw Trail Middle School**

p: 231-876-5600 f: 231-876-5605

8401 South Mackinaw Trail, Cadillac, MI 49601

[Mackinaw Trail Middle School | Home \(cadillacschools.org\)](http://cadillacschools.org)

**Viking Learning Center**

p: 231-876-5300 f: 231-876-5021

421 South Mitchell Street, Cadillac, MI 49601

[Viking Learning Center | Home \(cadillacschools.org\)](http://cadillacschools.org)**Early Childhood & Summer Programs**

p: 231-876-5000

[Early Childhood Programs | Cadillac Area Public Schools \(cadillacschools.org\)](http://cadillacschools.org)**Cadillac Heritage Christian School**

231-775-4272

1706 Wright Street, Cadillac, MI 49601

[About CHCS \(cadillacheritagechristian.com\)](http://cadillacheritagechristian.com)**St. Ann Catholic School**

231-775-1301

800 W. 13th St., Cadillac, MI 49601

[St. Ann School | Welcome \(stanncadillac.org\)](http://stanncadillac.org)[St. Ann Preschool | stanncadillac.org/pk](http://stanncadillac.org/pk)**CAPS Community Recreation and Exploration Workshops (CREW) Program**

231-876-5003

[Community Schools | Cadillac Area Public Schools \(cadillacschools.org\)](http://cadillacschools.org)**Disability Network of Northern Michigan**

231-922-0903

415 E. Eighth Street, Traverse City, MI 49686

[kfisher@disabilitynetwork.net](mailto:kfisher@disabilitynetwork.net)**Lake City Area Schools**

p: 231-839-6600 f: 231-839-5219

710 East Mitchell Street, Lake City, MI 49651

[Lake City Area Schools | Home \(lakecityschools.net\)](http://lakecityschools.net)**Pre-K**[Lake City Schools Pre-K | Home](http://lakecityschools.net)**Elementary School**[Lake City Elementary School | Home \(lakecityschools.net\)](http://lakecityschools.net)**Middle School**[Lake City Middle School | Home \(lakecityschools.net\)](http://lakecityschools.net)**High School**[Lake City High School | Home \(lakecityschools.net\)](http://lakecityschools.net)**Virtual Academy**

231-839-4331

251 E. Russell Street, Lake City, MI 49651

[Lake City Virtual Academy | Home \(lakecityschools.net\)](http://lakecityschools.net)

### McBain Rural Agricultural Schools

231-825-2165

107 E. Maple Street, McBain, MI 49657

[Home - McBain Rural Agricultural School](#)

#### **Little Wheels & Summer Camp**

231-825-4120

229 N. Roland Street, McBain, MI 49657

[Little Wheels – Learn. Play. Grow \(mcbain.org\)](#)

#### **Elementary School**

p: 231-825-2021 f: 231-825-2436

[McBain Elementary - McBain Rural Agricultural School](#)

#### **Middle School**

p: 231-825-8041 f: 231-559-9055

[MIDDLE SCHOOL - McBain Rural Agricultural School](#)

#### **High School**

p: 231-825-2412 f: 231-825-8343

[HIGH SCHOOL - McBain Rural Agricultural School](#)

#### **Library**

p: 231-825-2197 f: 231-825-2477

[Welcome to the McBain Community Library! — McBain Community Library \(michlibrary.org\)](#)

### Manton Consolidated Schools

p: 231-824-6411 f: 231-824-4101

105 5th Street, Manton, MI 49663

[Manton Schools | Home](#)

#### **Elementary School**

p: 231-824-6413 f: 231-824-3126

[Manton Elementary School | Home \(mantonschools.org\)](#)

#### **Middle School**

p: 231-824-6401 f: 231-824-4121

[Manton Middle School | Home \(mantonschools.org\)](#)

#### **High School**

p: 231-824-6411 f: 231-824-6114

[Manton High School | Home \(mantonschools.org\)](#)

### Marion Public Schools

231-743-2486

510 W. Main Street, Marion, MI 49665

[Marion Public Schools | Home](#)

**Elementary School**

p: 231-743-6251 f: 231-743-2955

Elementary School | Marion Public Schools**Jr/Sr High School**

p: 231-743-6251 f: 231-743-9622

Jr./Sr. High School | Marion Public Schools**Mesick Consolidated Schools**

p: 231-885-2727 f: 231-885-1234

581 South Clark Street, Mesick, MI 49668

Mailing Address: PO Box 275, Mesick, MI 49668

Mesick Consolidated Schools | Home**Elementary School**

p: 231-885-1207 f: 231-885-2544

210 E. Mesick Avenue, Mesick, MI 49668

**Jr/Sr High School**

p: 231-885-1201 ext. 3400 f: 231-885-2554

581 South Clark Street, Mesick, MI 49668

**Northern Michigan Christian School**

231-825-2492

128 Martin Street, McBain, MI 49657

Northern Michigan Christian School - McBain, MI (nmcs.us)**Michigan School for the Deaf**

p: 810-257-1400 f: 810-257-1490

1235 W. Court Street, Flint, MI 48503

Michigan School for the Deaf | Home**Northwestern Michigan College**

231-995-1000 or 855-FIND NMC

1701 E. Front Street, Traverse City, MI 49686

NMC : Northwestern Michigan College**Pine River Area Schools**

p: 231-829-3141 f: 231-829-4410

17445 Pine River School Road, Leroy, MI 49655

Pine River Area Schools | Home**Elementary School**Elementary | Pine River Area Schools**Middle School**Middle School | Pine River Area Schools**High School**High School | Pine River Area Schools

## Wexford-Missaukee Intermediate School District

### Northwest Michigan ACT (Adult Career Training)

Navigator: Ryan Bruntjens - 231-492-4137 - [rbruntjens@wmisd.org](mailto:rbruntjens@wmisd.org)

ACT (Adult Career Training) | Wexford-Missaukee ISD (wmisd.org)

#### **Business Office & Human Resources**

p: 231-876-2260 f: 231-876-2261

9907 E. 13th Street, Cadillac, MI 49601

#### **Career Technical Center**

p: 231-876-2200 f: 231-876-2212

9901 E. 13th Street, Cadillac, MI 49601

#### **General Education**

p: 231-876-2265 f: 231-876-4801

9905 E. 13th Street, Cadillac, MI 49601

#### **Special Education**

p: 231-876-2275 f: 231-876-2272

9907 E. 13th Street, Cadillac, MI 49601

## Employment

### **Gill Staffing**

231-842-3000

602 North Mitchell Street, Cadillac, MI 49601

Gill Staffing - A Grand Rapids, Holland, and Northern Michigan based employment and temp agency

#### **Cost-Free**

Gill Staffing is hiring for job openings throughout Michigan. We work with some of the area's busiest companies and we're looking for reliable employees like YOU!



### **Manpower**

231-775-1226

102 S. Mitchell Street, Cadillac, MI 49601

<https://www.manpower.com/?hsLang=en>

#### **Cost-Free**

Manpower receives new job openings every single day, from companies in the transportation, logistics, engineering and financial service sectors—and more!



### **Michigan Rehabilitation Services (MRS)**

231-779-1467 or 800-605-6722

LEO - Michigan Rehabilitation Services

#### **Cost-Free**



We are a statewide network of vocational rehabilitation (VR) professionals developing creative, customized solutions that meet the needs of individuals and businesses. MRS provides vocational rehabilitation services for eligible individuals with disabilities, consistent with their unique strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice, to prepare for and engage in employment and achieve economic self-sufficiency.

### **Northwest Michigan Works!**

p: 231-775-3408 f: 231-876-1648

423 N. Mitchell St., Cadillac, MI 49601

[Home | Northwest Michigan Works! \(nwmiworks.org\)](http://nwmiworks.org)

#### **Cost-Free**

Building on over 40 years of experience, Northwest Michigan Works! assists employers in finding and retaining qualified employees by ensuring our local talent pipelines have the skills, training, and education that employers are seeking.



### **Northern Staffing Services**

231-775-8590

850 N. Mitchell Street, Suite C, Cadillac, MI 49601

[Northern Staffing Services | Let us work for you](#)

#### **Cost-Free**

Our mission at Northern Staffing is to offer a different approach to job searching by placing our attention on the individual. We are more than a temp agency; we are a job placement service whose goal is to provide people searching for work with the job that is the best fit for them.



## Food Assistance

### **Wexford-Missaukee Department of Health & Human Services**

Client Connect: 844-464-3447 (answer all calls Mon-Fri from 9am-3pm)

Local Office: 231-779-4500

1064 W. Watergate Road, Cadillac, MI 49601

[MI Bridges \(michigan.gov\)](http://michigan.gov)

#### **Cost-Free**

### **Feeding America West Michigan: Cadillac**

231-779-0056 or 616-784-3250

101 Clay Drive, Cadillac, MI 49601

[Feeding America West Michigan – Solving hunger in West Michigan and the Upper Peninsula. \(feedwm.org\)](http://feedwm.org)

#### **Cost-Free**

Feeding America West Michigan is at the center of a united community effort driven by the core beliefs that hunger is unacceptable, and meals can change lives.

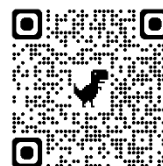


**Love Inc.**

231-779-1888

753 Sunnyside Drive, Cadillac, MI 49601

[Love INC of Wexford and Osceola Counties - Home](http://loveincwexfordosceola.org)  
[\(loveincwexfordosceola.org\)](http://loveincwexfordosceola.org)

**Cost-Free**

Giving Is An Act Of A Soft Heart. Mobilizing the church, transforming lives and strengthening the communities one person, one family at a time with love, hope and dignity. Will you join us in our mission?

**Meet Up and Eat Up**

[Meet Up and Eat Up | Gleaners Community Food Bank \(gcfb.org\)](http://gcfb.org)

**Cost-Free**

Meet Up and Eat Up is a collaborative movement to ensure that every child has access to nutritious meals 3 times a day, 365 days a year. For kids who rely on free and reduced price school lunches, the risk of going hungry is even greater in the summertime.

**Northwest Community Action Agency (NMCAA)**

231-775-9781

1640 Marty Paul Street, Cadillac, MI 49601

Commodity Supplemental Food Program: [C.S.F.P. - Northwest Michigan Community Action Agency \(nmcaa.net\)](http://nmcaa.net)

TEFAP: [TEFAP - Northwest Michigan Community Action Agency \(nmcaa.net\)](http://nmcaa.net)

**Cost-Free**

TEFAP is a federal program that helps supplement the diets of income eligible people, by providing them with emergency food and nutrition assistance at no cost.

**Salvation Army**

231-775-7131

725 Wright Street, Cadillac, MI 49601

[Overcome Poverty - Cadillac Salvation Army](http://salvationarmy.org)

**Cost-Free**

The Salvation Army of Wexford, Missaukee and Kalkaska Counties work together with community organizations and services to meet the material and spiritual needs of individuals and families. Our goal is to provide supportive assistance to people facing crisis situations. Services are given without regard to race, sex, age or religion.

**WIC**

521 Cobb St. Cadillac, MI 49601  
 Wexford 231-775-9942  
 Missaukee 231-839-7167

**Cost-Free**

Buckley

**Buckley Food Pantry**

231-633-4720

205 E. Wexford Avenue, Buckley, MI 49620

<https://www.facebook.com/buckleyfoodpantry/>

**Cost-Free**

Serving our community through feeding families in the name of Jesus. We provide meals to our local families.



**Cornell Community Revival Center**

231-269-4662

7030 W. 4 Road, Mesick, MI 49668

**Cost-Free**

Cadillac

**Cadillac Revival Center - Community Food Pantry**

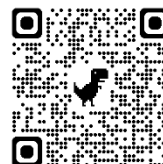
231-775-2662

5676 M-55, Cadillac, MI 49601

<https://revivalcentercadillac.org/cadillac-community-food-pantry/>

**Cost-Free**

We recognize that everyone comes from all different walks of life – young, old, rich, poor. Some are battle-weary and searching, while others are on the other side of challenging situations and ready to help others.



**Lifehouse Assembly of God**

231-775-7858

1120 W. Division Street, Cadillac, MI 49601

<https://www.lifehouseag.org/>

**Cost-Free**

Lifehouse is a place where people can experience the life-changing presence of God, connect with genuine people, and leave ready and equipped to make a difference in their community.



**Cadillac Seventh-day Adventist Church**

231-775-9545

815 E. Division Street, Cadillac, MI 49601

**Cost-Free**

Call to inquire about food boxes that families can receive once a month.

## Lake City

### **Community Hope**

<https://www.communityhopemc.org/foodprograms>

#### **Cost-Free**

For some individuals and families in our communities, food insecurity is a daily struggle. Community Hope recognizes this struggle and partners with Rehoboth Reformed Church and Prosper Christian Reformed Church by providing the funding for their food distribution sites.



### **Friends Ministry**

231-839-8816

3728 South Morey Road, Lake City, MI 49651

<https://friendsministry.net/index.html>

#### **Cost-Free**

We are a multifaceted ministry that provides emergency and long-term relief for the members of our surrounding communities.



### **Good Neighbor Food Pantry - Lake City Evangelical Presbyterian Church**

231-942-1249

5804 W. Houghton Lake Road, Lake City, MI 49651

<https://www.facebook.com/goodneighborfoodpantry/>

#### **Cost-Free**

We want to help struggling families stretch the food budget with free food!  
We serve on the 1st & 3rd Thursdays each month.

### **Jennings Community Church**

231-775-5989

696 S. Lachance Road, Lake City, MI 49651

<https://jenningscc.org/>

#### **Cost-Free**

Meals are provided throughout the month as a group setting.



### **Living Light Christian Church - Family Life Center**

231-839-2244

7700 W. Blue Road, Lake City, MI 49651

<https://www.livinglightchurch.com/family-life-center/>

#### **Cost-Free**

Family Life Center reaches out to people in the Wexford-Missaukee area providing food and assistance to those in need. This is a non-profit ministry staffed by volunteers from Living Light Christian Church in Cadillac, Michigan. All in need, young and old alike, are welcome to visit the pantry (all information is kept confidential).



The pantry is open for families and individuals to stop by on Wednesdays from 9:00 am – 12:00 pm. The pantry is located at Living Light Christian Church, 7700 West Blue Road (one block off of M-55) between Cadillac and Lake City.

### **Missaukee Cooperative Ministries**

231-826-0110

6180 W. Sanborn, Lake City, MI 49651

#### **Cost-Free**

Meal boxes can be provided once a month to families in need. Call to inquire about what times are open.

### **The Grove Church**

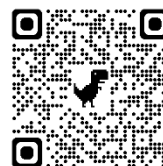
231-352-0143

3815 S. Morey Road, Lake City, MI 49651

<https://www.grovelc.church/>

#### **Cost-Free**

Our desire is that you would know that you belong from the moment you walk through the doors - that you will know that you have found a community where you can ask the messy questions, be honest about life's struggles, and discover who Jesus really is.



### **Manton**

#### **Colfax Church**

231-824-6170

2010 E. 16 Road, Manton, MI 49663

#### **Cost-Free**

A food pantry is on site. Call to schedule a time to pick up what your family is in need of.

### **Living Word Ministries - Family Care Network**

231-824-6502 or 231-824-9130

800 S. Michigan Avenue, Manton, MI 49663

<http://mantonlwm.com/location--contact-info.html>

#### **Cost-Free**

Food items can be picked up during operating hours. Call ahead of time to Robyn DeYoung at (231) 878-1278 to make sure we are open and food items are available.



### **Manton Free Methodist Church Food Pantry**

231-824-3234 or 231-942-1731

201 N. Michigan Avenue, Manton, MI 49663

#### **Cost-Free**

On-site food pantry is available to local families that are in need. Phone ahead of time to ensure food items are available.

### **Manton United Methodist Church - Christ's Community Table**

231-824-3593

102 North Michigan Avenue, Manton, MI 49663

<http://www.mantonumc.com/>

**Cost-Free**

We have a meal site dinner every Wednesday 5:50-6:00pm. Please call to reserve your meal for pick-up. In addition, we have a food pantry on site with items for families in need.

Marion

**Marion Community Food Pantry**

231-743-6092

112 N. Clark Street, Marion, MI 49665

**Cost-Free**

Call ahead of time to choose a time during operating hours. Families can choose what is needed for their home.

McBain

**Prosper Christian Reformed Church**

231-826-4427

1975 E. Prosper Road, Falmouth, MI 49632

[Prosper Christian Reformed Church - Home Page \(prospercrc.org\)](http://prospercrc.org)

**Cost-Free**

Food boxes can be picked up at the church. Call in advance to choose outside of normal working hours.

**Rehoboth Reformed Church**

231-775-7943

8372 S. Lucas Road, McBain, MI 49657

[Rehoboth Reformed Church | Home](#)

**Cost-Free**

Food Pantry Thursdays 4:30-5:30

Mesick

**Mesick United Methodist Church**

231-885-1699

121 S. Alvin Street, Mesick, MI 49688

**Cost-Free**

Food & Clothing Pantry Thursdays 3:30-5:00

**Cornell Community Revival Center**

231-429-3550

7030 W. 4 Road, Mesick, MI 49668

**Cost-Free**

Call in advance to set up a time to pick up food items. A limit on the number of times food can be picked up each month. Food items may be pre boxed or self-serve.



### Tustin/Luther

#### **Edgetts Wesleyan Church**

231-797-5124

3446 N. Raymond Road, Luther, MI 49656

#### **Cost-Free**

Food Pantry is on the 2nd and 4th Wednesdays of the month from 9am-11am.

#### **Fellowship Baptist Church**

231-797-5281

308 Elm Street, Luther, MI 49656

#### **Cost-Free**

Food Pantry is on the 3rd Wednesday of the month from 10am-noon.

#### **Northwest Osceola Food Pantry at the Augustana & Zion Lutheran Church**

Melissa Hasting (231) 253-8110

18499 20 Mile Rd. Tustin, MI 49688

#### **Cost Free**

Food Pantry is on the 1st and 3rd Monday of the month from 9am-noon.

## Health Care & Medical

#### **Advisacare Solutions of Northwest Michigan**

phone: 231-577-2585

fax: 231-577-2580

61 N. Morey Road, Lake City, MI 49651

[Home - AdvisaCare](#)

#### **Cost- Accepts most major insurance carriers**

Offers a comprehensive range of care options, including Home Care, Home Health Care, Hospice, Catastrophic Care, Skilled Nursing, Personal Care, Applied Behavior Analysis, Therapy, and more.



#### **Munson Cadillac Hospital - Outpatient Services**

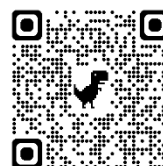
231-935-5000

400 Hobart Street, Cadillac, MI 49601

[Cadillac Hospital - Outpatient Services \(munsonhealthcare.org\)](http://munsonhealthcare.org)

#### **Cost- Accepts most major insurance carriers**

Convenient access to quality health care services right here in Cadillac. With easy parking and extended hours, you can get the care you want and need close to your home.



#### **Cadillac Primary Care**

231-876-6200

7985 Mackinaw Trail, Cadillac, MI 49601

[Behavioral Health \(munsonhealthcare.org\)](http://munsonhealthcare.org)

#### **Cost-Varies**



Behavioral health plays a significant role in your overall well-being. It impacts how you think, feel, and behave — which is why we believe it's just as important to take care of your mind as it is your body.

### **Cadillac VA Clinic**

231-775-4401

1905 N. Mitchell Street, Cadillac, MI 49601

[Cadillac VA Clinic | VA Saginaw Health Care | Veterans Affairs](#)

#### **Cost- Accepts most major insurance carriers**

Our outpatient clinic provides primary care and specialty health services, including mental health services, audiology (hearing loss and balance), treatment for post-traumatic stress disorder (PTSD), tele-health services, and more.

### **Department of Health & Human Services**

Client Connect: 844-464-3447 (answer all calls Mon-Fri from 9am-3pm)

Local Office: 231-779-4500

10641 W. Watergate Road, Cadillac, MI 49601

[MI Bridges \(michigan.gov\)](#)

#### **Cost-Free**

A Navigation Partner can guide you on using MI Bridges, Apply for Benefits, and Finding Resources.



### **District Health Department #10 - Cadillac**

231-775-9942

521 Cobb Street, Cadillac, MI 49601

[Join Our Team – District Health Department 10 \(dhd10.org\)](#)

#### **Cost- Accepts most major insurance carriers**

### **District Health Department #10 - Lake City**

231-839-7167

6180 W. Sanborn Road, Suite 1, Lake City, MI 49651

[Missaukee County – District Health Department 10 \(dhd10.org\)](#)

#### **Cost- Free**



### **Family Health Care**

231-775-6521

520 Cobb Street, Cadillac, MI 49601

[Cadillac | Family Health Care](#)

#### **Cost- Accepts most major insurance carriers**

Family Health Care aims to increase access to OB/GYN services.



**Hospice of Michigan**

888-247-5701

932 N. Mitchell Street, Cadillac, MI 49601

[Hospice of Michigan \(hom.org\)](http://hom.org)**Cost- Accepts most major insurance carriers**

When a serious illness progresses into the final months of life, Hospice of Michigan's end-of-life experts are here, with comprehensive resources and support, to comfort, ensure quality of life, and help patients reach their goals.

**Life Resources Medical Clinic**

231-775-8000

909 S. Carmel Street, Cadillac, MI 49601

[Unplanned Pregnancy Help - Cadillac & Big Rapids, Michigan \(liferesourcesnm.org\)](http://liferesourcesnm.org)

**Cost- Free**

Providing critical health information and essential resources. We provide pregnancy tests, ultrasounds and options consultations all free to the community.

**Mackinaw Trail Pediatrics**

231-779-9700

7917 Mackinaw Trail, Cadillac, MI 49601

[Mackinaw Trail Pediatrics \(mackinawtrailpediatrics.com\)](http://mackinawtrailpediatrics.com)**Costs-Takes most insurances**

Our practice encompasses routine and specialty children's care from birth through adolescence. We offer comprehensive care for acute and chronic illness, as well as routine screening exams emphasizing normal childhood growth, development and immunizations.

**Michigan HIV Hotline**

800-872-2437

[Get Tested | National HIV, STD, and Hepatitis Testing \(cdc.gov\)](http://cdc.gov)**Cost-Free****Michigan Medicaid Beneficiary Helpline**

800-642-3195

[Beneficiary Support \(michigan.gov\)](http://michigan.gov)**Cost-Free**

Get information on your health coverage like current health plan, providers in your area, see a copy of your mihealth card, and much more.



**Munson Healthcare Home Health**

800-252-2065

[Home Health | Munson Healthcare | northern Michigan](#)**Cost- Accepts most major insurance carriers**

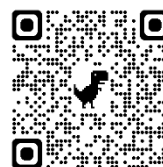
Most people want to stay in their home and our goal is to help make that possible. We offer a wide range of services that cover all aspects of care in your home, or if necessary, in a facility.

**Munson Healthcare Virtual Urgent Care**

Ask-a-Nurse: (231) 935-0951

[Munson Healthcare Virtual Urgent Care](#)**Cost- Accepts most major insurance carriers**

Do you have a more urgent care need that can't wait for a doctor's visit? If it's non-life-threatening, an urgent care/walk-in clinic may be best for your condition. Get safe, high-quality, same-day care right from the comforts of your favorite chair – saving you travel time and giving you faster peace of mind.

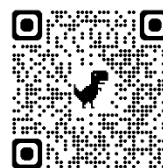
**Munson Hospital Cadillac**

231-876-7200

400 Hobart Street, Cadillac, MI 49601

[Munson Healthcare](#)**Cost- Accepts most major insurance carriers**

Whether you choose an in-office appointment or prefer a virtual visit, please don't delay the care you need.

**Munson Healthcare Urgent Care**

231-876-2644

302 Hobart Street, Cadillac, MI 49601

[Munson Healthcare Urgent Care - Cadillac](#)**Cost- Accepts most major insurance carriers**

Urgent Care is the best place to go for illnesses, injuries, or conditions that need to be treated right away, but are not life threatening. When your doctor's office is closed or an appointment is not available, Munson Healthcare Urgent Care helps you get in, get out, and feel better.

**Oasis Family Resource Center**

231-775-7233

118 S. Mitchell Street, Cadillac, MI 49601

[Home - Oasis Family Resource Center \(cadillacoasis-frc.org\)](#)**Cost-Free**

The Family Resource Center provides services such as educational classes and in-help parenting support. In recent years, services expanded to include counseling for children and sexual assault survivors and support of the effort to end homelessness. No family is turned away for lack of money; all counseling services are free of charge.

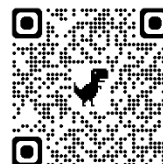
### **Pine Rest - Traverse City**

231-947-2255

700 E. Hammond Rd. Ste. 200 Traverse City, MI 49686

<https://www.pinerest.org/>

Pine Rest Traverse City Clinic provides Northern Michigan residents with quality mental health and behavioral health services both in person and through teletherapy with Michigan-licensed clinicians. Services include counseling, therapy and psychiatric services for children, adolescents, adults, and families



### **WellNow Urgent Care**

231-577-5017

9065 E. 34 Rd., Cadillac, MI 49601

[Cadillac Urgent Care, MI | WellNow Urgent Care](#)

**Cost- Accepts most major insurance carriers**

WellNow Urgent Care is one of the fastest-growing providers of urgent medical care, telehealth and occupational medicine services in the United States.



### **North Arrow ABA**

231-268-0007

201 Teri-Dee Blvd. Ste. C Cadillac, MI 49601

Cost - is covered by Medicaid, if the child qualifies

[info@northarrowaba.com](mailto:info@northarrowaba.com)

Provides therapy for individuals medically diagnosed with Autism. Collaborates with other service providers such as speech, OT, schools, etc.

### **Dental Assistance**

#### **Dental Clinics North**

866-878-6557

2600 LaFranier Road, Traverse City, MI 49686

<https://www.dentalclinicsnorth.org/>

**Cost-Varies**

Dental Clinics North promotes optimal oral health and well-being of Northern Michigan communities through partnerships, innovation, and excellence in dental public health.



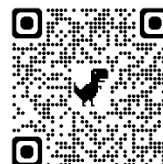
### **My Community Dental Centers**

231-775-7662

521 Cobb Street, Cadillac, MI 49601

<https://www.mydental.org/>

MCDC provides care for all, including those on Healthy Kids Dental, Healthy Michigan Plan, Adult Medicaid, Private Insurances, and those who are



uninsured. We offer the best in patient-centered, full-service care — so every patient can feel good about their smile.

### Hearing & Vision Assistance

#### **Cadillac Lions Club**

231-779-1888 (Love Inc. is the contact)

Hearing Assistance Chairman - 231-775-7287

<https://www.e-clubhouse.org/sites/cadillacmi/>

**Cost-Free**



#### **CapTel Phones**

877-473-4003

<https://www.captel.com/captel/>

**Cost-Varies (Programs available for no cost or reduced rate)**

Ideal for people with some degree of hearing loss, the Captioned Telephone, or CapTel, works like any other telephone with one important addition: It displays every word the caller says throughout the conversation. CapTel phone users can listen to the caller and can also read the written captions in the CapTel's bright display window.



## Mental Health

### Mental Health Resources

#### **Abuse & Neglect/Sexual Assault/Domestic Violence**

24 Hour Hotline: 855-444-3911

**Cost-Free**



#### **Anxiety Screening**

Mental Health America

[Anxiety Test – Free mental health tests from Mental Health America \(mhanational.org\)](https://mhanational.org/)

**Cost-Free**

Mental Health America (MHA)—founded in 1909—is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all.



#### **Catholic Human Services**

231-775-6581

421 S. Mitchell Street, #2, Cadillac, MI 49601

<https://www.catholichumanservices.org/>

**Cost-Varies/sliding scale**



Against the backdrop of accelerating pressures in everyday life, CHS offers counseling to help individuals and families get through an array of complex problems. CHS offers sliding fee schedules and provides free pregnancy counseling to those in need.

### **Child & Family Services of Northwest Michigan**

231-946-8975

3785 Veterans Drive, Traverse City, MI 49684

[Behavioral Health | Child & Family Services of Northwestern Michigan \(cfsnwm.org\)](http://cfsnwm.org)

#### **Cost-Varies**

We are dedicated to helping people of all ages overcome life's challenges.



### **Eating Disorder Screening**

NEDA

[Eating Disorders Screening Tool | Help & Support | NEDA \(nationaleatingdisorders.org\)](http://nationaleatingdisorders.org)

#### **Cost-Free**

The National Eating Disorders Association (NEDA) is a leading eating disorders organization, and works to advance research, community building, and awareness to support the nearly 30 million people who will experience an eating disorder in their lifetimes.



### **Drugwatch**

[Mental Health | Tips for Managing Your Mental Health \(drugwatch.com\)](http://drugwatch.com)

#### **Cost-Free**

Reliable health information and resources for all people. Help for people injured by defective drugs and medical devices.



### **Grounded Therapy Network, LLC**

231-295-1196

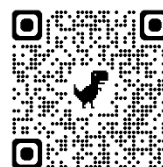
301 Main Street, Lake City, MI 49651

<https://www.groundedtherapynetwork.com/>

#### **Cost-Varies**

Grounded Therapy Network is a community of therapists in Michigan.

We're here to provide Professional Counseling, Recreational Therapy, and community education.



### **Kari Schmidt LPC**

231-250-8281

201 N. Mitchell Street, Cadillac, MI 49601

<https://karischmidt.com/>

#### **Cost-Varies**

Kari Schmidt is a licensed professional counselor (LPC) in the State of Michigan as well as a Nationally Board-Certified Counselor (NCC).



**Northern Lakes Community Mental Health**

231-775-3463

527 Cobb Street, Cadillac, MI 49601

<https://www.northernlakescmh.org/services/>**Cost-Varies**

Northern Lakes Community Mental Health Authority (NLCMHA) serves people with serious mental illness, serious emotional disturbance, intellectual/developmental disabilities and co-occurring substance use disorders living in six Michigan counties: Crawford, Grand Traverse, Leelanau, Missaukee, Roscommon, and Wexford.

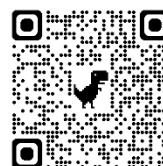
**Lifeskills Psychological Services**

231-775-6517

805 S. Carmel Street, Cadillac, MI 49601

<https://www.lifeskillspsychologists.com/>**Cost-Varies**

Life Skills offers a number of different services to suit you. From Individual Counseling to Testing and Assessment, our treatment approach can be tailored to your needs.

**Michael's Place**

231-947-6453

1212 Veterans Drive, Traverse City, MI 49684

<https://www.mymichaelsplace.net/>**Cost-Varies**

Located in Traverse City, Michael's Place has been a leading provider of grief support services in northern Michigan for more than 20 years.

**National Domestic Violence Hotline**

800-799-SAFE (7233)

[Domestic Violence Support | National Domestic Violence Hotline \(thehotline.org\)](https://www.thehotline.org/)

**Cost-Free**

24 hours a day, seven days a week, 365 days a year, the National Domestic Violence Hotline provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse.

**988 Suicide & Crisis Lifeline**

988

[Lifeline \(988lifeline.org\)](https://www.988lifeline.org/)**Cost-Free**

We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.



## Mental Health Support Groups

### **Dementia Awareness Group**

231-876-0611

Meet at the Curry House and Missaukee District Library

### **Grief - Hospice of Michigan**

231-796-7371

932 N. Mitchell Street, Cadillac, MI 49601

### **Grief - Munson Home Health, Spiritual and Bereavement Department**

800-252-2065

618 S. Mitchell Street, Suite A, Cadillac, MI 49601

### **Parkinson's - Cadillac Senior Center**

231-779-9420

6010 Chestnut, #3, Cadillac, MI 49601

## Household Pantries

### **Angel's House of Treasures**

231-444-6008

218 N. Mitchell Street, Cadillac, MI 49601

#### **Cost-Free**

Open door pantry will be able to provide household items to families that are in need. Monday - Friday 10am-5pm Saturday 10am-4pm

### **Cadillac Revival Center - Household Pantry**

231-775-2662

5676 M-55, Cadillac, MI 49601

Cadillac Community Food Pantry ([revivalcentercadillac.org](http://revivalcentercadillac.org))

#### **Cost-Free**

Food & Clothes Wednesday 9am-11am (Use back entry and bring a box.)

Food After Hours Tuesday 4pm-6pm (Use back entry and bring a box.)



### **Salvation Army**

231-775-7131

725 Wright Street, Cadillac, MI 49601

Contact Us - Cadillac Salvation Army

#### **Cost-Free**

Our mission is to preach the gospel of Jesus Christ and to meet needs in His name without discrimination.



### **Love Inc.**

231-779-1888

753 Sunnyside Drive, Cadillac, MI 49601  
Love INC of Wexford and Osceola Counties - Home  
 ([loveincwexfordosceola.org](http://loveincwexfordosceola.org))

**Cost-Free**

Mobilizing the church, transforming lives and strengthening the communities of one person, one family at a time with love, hope and dignity.



**Friend's Ministry**

231-839-8816  
 3728 S. Morey Road, Lake City, MI 49651  
FRIENDS MINISTRY C.C.D.O. - Friends Ministry

**Cost-Free**

We are a multifaceted ministry that provides emergency and long-term relief for the members of our surrounding communities. Friends serves close to 800 low-income families a year by offering crisis relief and help reduce financial strain brought by car or home repairs, overdue utility bills, fuel to get to work, or other necessary living expenses.



**Living Light Christian Church - Family Life Center**

231-839-2244  
 7700 W. Blue Road, Lake City, MI 49651  
<https://www.livinglightchurch.com/family-life-center/>

**Cost-Free**

Family Life Center reaches out to people in the Wexford-Missaukee area providing food and assistance to those in need. This is a non-profit ministry staffed by volunteers from Living Light Christian Church in Cadillac, Michigan. All in need, young and old alike, are welcome to visit the pantry (all information is kept confidential).

The pantry is open for families and individuals to stop by on Wednesdays from 9:00 am – 12:00 pm. The pantry is located at Living Light Christian Church, 7700 West Blue Road (one block off of M-55) between Cadillac and Lake City.



**Missaukee Cooperative Ministries**

231-839-4485  
 6180 W Sanborn Rd, Lake City, MI 49651

**Cost-Free**

Serving human needs with Christian compassion.



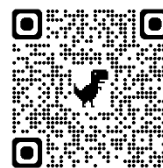
**Rehoboth Reformed Church**

231-775-7943

8372 S. Lucas Rd, McBain, MI 49657

**Cost-Free**

If you or someone you know could benefit from some help right now, we're here for you! Any member of our community, regardless of income, is welcome to stop by and have a bag of groceries loaded directly into their vehicle on Thursdays between 4:30 and 5:30 pm.

**Manton Free Methodist Church**

231-942-1731

201 N. Michigan Avenue, Manton, MI 49663

Manton Free Methodist Church | Manton MI | Facebook**Cost-Free**

Call ahead to check on the amount of household items available for the month.

**Love Locker of Manton**

231 342-8866

118 W. Main Street, Manton Michigan, 49663

The mission is to provide a small structure -- a Love Locker -- stocked with new and gently used seasonal clothing, as well as hygiene items, that are free and available 24/7/365 to anyone in need. The locker is east of the prayer room.

**Mesick United Methodist Church**

231-885-1699

121 S. Alvin Street, Mesick, MI 49688

United Methodist Church | Mesickunitedmethodistchurch | United States (mesickumc.com)**Cost-Free**

We hope to share the love of God through the preaching and teaching of His Word and by reaching out to help families and individuals in our community.

## Housing

**Homelessness****MSHDA**

517-335-9885

<https://www.michigan.gov/mshda>

Provides financial and technical assistance through public and private partnerships to create and preserve safe and decent affordable housing, engage in community economic development activities, develop vibrant cities, towns and villages, and address homeless issues.

**Cost-Free**

**NMCAA**

231-775-9781

Homeless Prevention Hotline: 1-844-900-0500

1640 Marty Paul Drive, Cadillac, MI 49601

Northwest Michigan Community Action Agency - Northwest Michigan  
Community Action Agency (nmcaa.net)**Cost-Free**

The Homeless Prevention department (HP) provides services to 10 Northern Michigan counties (*Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, and Wexford Counties*), and is joined by many other community organizations dedicated to addressing housing issues and ending homelessness in the Northwest Michigan region.

**New Hope Center**

231-468-2022

1125 Lincoln Street, Cadillac, MI 49601

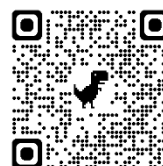
<https://newhopecadillac.org/><https://www.facebook.com/NewHopeCenterCadillac/>**Cost-Free**

New Hope Center is an emergency shelter available to men, women, and children who are currently experiencing homelessness. Our facility is open year-round, 7 days a week from 3:00 p.m. – 9:00 a.m. and provides a safe place to sleep in a warm bed, eat two meals, take a hot shower, and an opportunity to do your laundry.

**Oasis Family Resource Center - Women's Shelter**

231-775-7233

118 S. Mitchell Street, Cadillac, MI 49601

<https://cadillacoasis-frc.org/services/>**Cost-Free**

A 24 hour residential shelter fully staffed by advocates who walk alongside each survivor to help empower, support and guide. Each individual is given respect and encouragement to take control of their life and set their own path.

**Salvation Army**

231-775-7131

725 Wright Street, Cadillac, MI 49601

[Contact Us - Cadillac Salvation Army](#)**Cost-Free**

The Salvation Army offers a wide array of community programs to help cultivate brighter futures. Along with community centers dedicated to supporting the physical, emotional, and spiritual growth of moms, dads, and kids, we provide summer camps for kids,

after-school and summer programs for students of all ages, support for expecting and new parents, and numerous music, art, and athletic programs for aspiring youth.

### Disability & Senior Housing

#### **Country View - Income Based**

231-825-8231

225 Pine Street, #18, McBain, MI 49657

#### **Cost-Income Based**

#### **Harbor View Apartments - Income Based**

231-775-0831

329 South Street, Cadillac, MI 49601

<https://theharborviewapts.com/>

#### **Cost-Income based**

Welcome to Harbor View Apartments, an apartment community for those age 62 or older or those who have a disability.



#### **Kirtland Terrace Suites - Income Based**

231-775-9491

111 S. Simon Street, Cadillac, MI 49601

#### **Cost-Income based**

#### **Springfield Apartments - Stratford Group**

800-225-7982

532 N. Michigan Avenue, Manton, MI 49663

#### **Cost-Varies**

#### **Country Place Apartments - Disability Only**

231-775-3171

1049 Arthur Street, Cadillac, MI 49601

#### **Cost-Varies**

#### **West Creek Terrace Apartments**

231-825-2652

100 E. Elm Street, McBain, MI 49657

#### **Cost-Varies on unit**

#### **Michigan Statewide Independent Living Council - Disability**

866-869-8600

<https://www.misilc.org/independent-living-resources>

#### **Cost-Free**

People with disabilities advocating for inclusion, equity, and accessibility in all communities.



## Low Income Housing

### Tip of Mitt Rental Assistance (Wexford-Missaukee)

989-275-7265

<https://www.michigan.gov/mshda/rental/housing-choice-voucher/housing-choice-voucher-program-overview>



#### **Cost-Free**

This federal program provides rent subsidies for very low-income people who find their own housing in private homes and apartment buildings. MSHDA administers approximately 28,000 Housing Choice Vouchers.

### Habitat for Humanity

231-775-7561 ext 101

<https://cadillacareahabitat.org/housing-eligibility/>

#### **Cost-Free** to apply

At Habitat for Humanity, we build. We build because we believe that everyone, everywhere, should have a healthy, affordable place to call home. When a family helps build or improve a place they can call home, they are also building a better community, a better life for themselves.



## Legal Assistance

### Child & Family Services of Northwestern Michigan

231-946-8975

3785 Veterans Drive, Traverse City, MI 49684

[Free Legal Aid Clinic | Child & Family Services of Northwestern Michigan \(cfsnwm.org\)](http://cfsnwm.org)

#### **Cost-Free**

For more than 80 years, CFS has responded to the community's changing needs through a wide range of programs. We are dedicated to helping people of all ages overcome life's challenges.



### Conflict Resolution Services

231-941-5835

3143 Logan Valley Road, Traverse City, MI 49684

<https://crsmediationtc.org/>

#### **Cost-Free**

At Conflict Resolution Services (CRS), we are committed to providing our clients with high-quality professional dispute resolution services.



### Counsel & Advocacy Law Line

248-569-9658

**Lakeshore Legal Aid**

888-783-8190

<https://lakeshorelegalaid.org/services/>**Cost-Free**

Lakeshore Legal Aid is a not-for-profit law firm providing a range of free civil legal services to people who are low income, seniors, survivors of domestic violence and sexual assault in our communities.

**Legal Services of Northern Michigan**

231-941-0771

735 S. Garfield Avenue, #120, Traverse City, MI 49684

<https://lsnm.org/>**Cost-Free**

Legal Services of Northern Michigan (LSNM) is a nonprofit law firm providing free, high quality, legal advice and representation for eligible clients in a broad range of areas including consumer cases, family matters, housing problems, government benefits, and much more.

**Michigan Indian Legal Services**

231-947-0122

814 S. Garfield Avenue, Suite A, Traverse City, MI 49686

<https://www.mils3.org/>**Cost-Free**

MILS is a specialized law office that serves the unique legal needs of the members of the native communities in Michigan to:  
protect families and cultural practices, secure fundamental rights and access to basic needs, and challenge policies and practices that are harmful to our clients and client communities.

**Michigan Legal Help**<https://michiganlegalhelp.org/>**Cost-Free**

Michigan Legal Help has tools and information to help you understand and manage your legal problems.

**Oasis Family Resource Center**

231-775-8003

1566 N. Mitchell Street, Cadillac, MI 49601

<https://cadillacoasis-frc.org/>**Cost-Free**

Oasis Family Resource Center is a 501(c)3, non-profit organization founded in 1984 with the primary purpose of providing shelter to survivors of domestic violence and their children.

**Wexford-Missaukee Friend of the Court**

231-779-9494

401 N. Lake Street, Suite 800, Cadillac, MI 49601

[https://wexfordcounty.org/?page\\_id=981](https://wexfordcounty.org/?page_id=981)

**Cost-Free**

The Wexford/Missaukee FOC enforces court orders regarding custody, parenting time, and support.



## Libraries

**Cadillac Area Adult Literacy Council**

231-775-6541

411 S. Lake Street, Cadillac, MI 49601

<http://www.cadillacliteracy.org/>



**Cadillac Wexford Public Library**

231-775-6541

411 S. Lake Street, Cadillac, MI 49601

<https://www.cadillaclibrary.org/>



**Falmouth Area Library**

231-826-3738

219 E. Prosper Road, Falmouth, MI 49632

<https://falmoutharealibrary.wordpress.com/>



**Missaukee District Library**

231-839-2166

210 S. Canal Street, Lake City, MI 49651

<https://www.missaukeelibrary.org/>



**LeRoy Community Library**

231-768-4493

104 W. Gilbert Street, LeRoy, MI 49655

**Luther Area Public Library**

231-797-8006

115 State Street, Luther, MI 49656

<https://lutherlibrary.ploud.net/>



**Manton Public Library**

231-824-3584

404 W. Main Street, Manton, MI 49663  
<https://www.cadillaclibrary.org/our-locations-and-hours/manton-public-library>



**Marion Public Library**  
 231-428-2682  
 120 E. Main Street, Marion, MI 49665  
<https://marion-library.org/>



**McBain Community Library**  
 231-825-2197  
 107 E. Maple Street, McBain, MI 49657  
<https://www.mcbain.michlibrary.org/>



**Mesick Public Library**  
 231-885-1120  
 105 W. Mesick Avenue, Mesick, MI 49668  
<https://www.cadillaclibrary.org/our-locations-and-hours/mesick-public-library>



**Tustin Library**  
 231-829-3012  
 310 S. Neilson Street, Tustin, MI 49688  
<https://librarytechnology.org/library/19483>



## Senior Services

### Adult Foster Care

**Department of Health & Human Services**  
<https://www.michigan.gov/mdhhs/assistance-programs/medicaid/portalhome/medicaid-providers/programs/adult-foster-care>

#### **Cost-Free**

Information & Resources on Adult Foster Care & Homes for the Aged



### **Meals on Wheels**

231-775-9781  
 1640 Marty Paul Street, Cadillac, MI 49601  
[Meals on Wheels - Northwest Michigan Community Action Agency \(nmcaa.net\)](https://www.nmcaa.net)

#### **Cost-Free**

Home-delivered clients are receiving frozen meals once weekly in our four county area. All homebound seniors (60+ years of age) are eligible for this service. Congregate dining has returned to hot meal service in Grand Traverse, Leelanau and Wexford counties.

**Cadillac Senior Center - lunch center**

231-779-9420

601 Chestnut Street, Cadillac, MI 49601

<https://cadillacseniorcenter.wixsite.com/cadillac/congregate-meal-program>**Cost-5\$****Statewide Search for Facilities**<https://adultfostercare.apps.lara.state.mi.us/>**Cost-Free**

Statewide Search for Adult Foster Care / Homes for the Aged Facilities.

**Assisted Living****Curry House Assisted Living & Memory Care**

231-876-0611

5858 47 Road, Cadillac, MI 49601

Facebook: <https://www.facebook.com/curryhouseassistedlivingandmemorycare/>Website: [https://elegance-living.com/senior-living/mi/cadillac/curry-](https://elegance-living.com/senior-living/mi/cadillac/curry-house/?utm_source=GMB&utm_medium=organic)[house/?utm\\_source=GMB&utm\\_medium=organic](https://elegance-living.com/senior-living/mi/cadillac/curry-house/?utm_source=GMB&utm_medium=organic)**Cost-2750\$**

Curry House is a vibrant senior living community. We tend to the cooking, housekeeping and home maintenance so you can participate in social, cultural and exercise programs. Choose from a menu of seasonal, nutritious, chef-prepared dishes in the dining room.

**Green Acres of Cadillac**

231-775-5300

235 Pearl Street, Cadillac, MI 49601

<https://www.rlmgmt.com/green-acres-cadillac/>**Cost-Varies**

Provides a community with services that meet the needs of seniors.

**Maple Ridge Living Centers**

Maple Ridge Living Center has been providing Long Term, Dementia, and Respite Care since 2009.

**Cost-Varies****Cadillac:**

231-775-3710 9072 Mackinaw Trail, Cadillac, MI 49601

<https://www.mapleridgelivingcenter.com/> Email: [jamie@mapleridgec.com](mailto:jamie@mapleridgec.com)**Lake City:**

231-839-1011 2575 W. Houghton Lake Road, Lake City, MI 49651

<https://www.mapleridgelivingcenter.com/> Email: [joe@mapleridgec.com](mailto:joe@mapleridgec.com)**Pleasant Lake Lodge Assisted Living**

231-775-0522

2085 South 33 1/2 Road, Cadillac, MI 49601

Website: <https://www.pleasantlakelodge.com>

**Cost-Varies**

### **Sunnyside Senior Living**

231-775-7750

108 Wildwood Drive, Cadillac, MI 49601

<https://sunnysideseniorliving.org/>

**Cost-Varies**

Sunnyside Assisted Living is a nonprofit assisted living community in Cadillac, MI.



### **The Brook of Houghton Lake**

989-422-7200

8815 Knapp Road, Houghton Lake, MI 49629

<https://brookretirement.com/the-brook-of-houghton-lake/>

**Cost-Varies**

We offer a state-of-the-art senior living community, including restaurant-quality kitchens, handicapped-accessible rooms, and a computerized medication system.



### **Whispering Pines Senior Living**

231-842-0200

2353 S. LaChance Road, Lake City, MI 49651

<https://www.whisperingpineslc.com/>

**Cost-Varies**

Located in a peaceful, country setting in Lake City, our senior living community is just the right size; allowing us to get to know our residents and personalize their experiences.



### **Local Commissions & Aging Resources**

#### **Area Agency on Aging of Northwest Michigan**

800-442-1713 or 231-947-8920

1609 Park Drive, Traverse City, MI 49686

[Aging Assistance Near Me - Area Agency on Aging of Northwest Michigan \(aaanm.org\)](https://www.aaanm.org/)

**Cost-Free**

Our mission guides our work, to serve and advocate for older adults, adults with disabilities and caregivers by supporting their independence, dignity, and quality of life.



#### **Keystone Retirement Services - Medicare Reviews & Health Insurance Sign Up Assistance**

Office: 231-942-1090

Cell: 231-878-7260

[Keystone Retirement Services | Grand Rapids | Retirement Services](#)

**Cost-Varies**

Our clients tell us they need straight forward answers to make informed decisions. What we've done is researched all the companies marketing to people nearing retirement, or who are already retired. Picked through their plans to find the best ones for every situation. And we've found answers to your questions. How does that benefit you? We give you unbiased answers and choices.



**Missaukee County Commission on Aging**

231-839-7839

2170 S. Morey Road, Lake City, MI 49651

<https://www.missaukeecoa.org/>

**Cost-Varies**



**Wexford County Council on Aging**

231-775-0133

714 W. 13th Street, Cadillac, MI 49601

<https://wexfordcoa.org/>

**Cost-Varies**

Since 1975, Wexford County Council on Aging (WCCOA) has been providing a wide array of services and programs to meet the senior needs in our community. We work to enhance the wellness and empower our seniors to be an active part of the community.



**Michigan Donated Dental Services**

517-346-9454

<https://www.smilemichigan.com/resources/michigan-donated-dental-services/>

**Cost-Free**

The Michigan Donated Dental Services (DDS) program has provided more than \$25 million in free comprehensive dental treatment since 1995. Through the Michigan Dental Association's network of generous volunteer dentists, care has been provided to more than 6,800 of Michigan's most vulnerable citizens since 1995. Volunteer dental laboratories also help the program provide once-in-a-lifetime desperately needed care to patients who are elderly, have a permanently disabled or chronic illness, are low income and have no other means of getting the dental treatment they need.



**Adult Day Centers**

**Day Break**

231-779-5274

315 Whaley Street, Cadillac, MI 49601

**Cost-Free**

**Footprints in Time of Northern Michigan**

231-295-1159

680 N. Morey Road, Lake City, MI 49651

**Cost-Free**

## Home Health Care

**AdvisaCare Home Health Care Lake City**

231-577-2585

61 N. Morey Road, Lake City, MI 49651

<https://advisacare.com/>**Cost-Varies**

AdvisaCare is the solution for individuals and their families seeking superior home care and hospice services delivered with the exceptional customer service they deserve.

**Bright Star Care**

231-600-7382

3191 Logan Valley Road, Traverse City, MI 49684

<https://www.brightstarcare.com/locations/northern-michigan/>**Cost-Varies**

We offer a wide range of home care and medical staffing services in the Northern Michigan area. Let us help you find the right support to fit your unique needs.

**Comfort Keepers In Home Care**

231-222-5376

1755 Barlow Street, Traverse City, MI 49684

[https://www.comfortkeepers.com/offices/michigan/traverse-city/?utm\\_source=GMB&utm\\_medium=organic](https://www.comfortkeepers.com/offices/michigan/traverse-city/?utm_source=GMB&utm_medium=organic)**Cost-Varies**

We provide home care Michigan residents rely on throughout Traverse City, Petoskey and upper Michigan every single day.

**Compassionate Care Home Health Services, Inc.**

231-929-5491

3134 Logan Valley Road, Traverse City, MI 49684

<https://www.compassionatecaremi.com/>**Cost-Varies**

Family owned and operated in Michigan since 1998, Compassionate Care Home Health Services provides customized, high-quality, nurse-led home health care services in Cadillac, Saginaw, West Branch, Alpena, Traverse City, and throughout Central and Northern Michigan with continuity to proactively meet the needs of those we serve.

**The Care Team Home Health & Hospice**

231-421-5285 or 888-834-2672

3600 Veterans Drive, Traverse City, MI 49684

[The Care Team - Home Healthcare & Hospice Care - Michigan, Indiana, Texas PA \(tctcares.com\)](https://www.tctcares.com/)

**Cost-Varies**

We're The Care Team — leaders in hospice care, home therapies, and home health services. Our compassionate team goes above and beyond to give you the care and attention you need in the place you call home.



**Hospice**

**Hospice of Michigan**

888-247-5701

932 N. Mitchell Street, Cadillac, MI 49601

<https://www.hom.org/>

**Cost-Varies**

At Hospice of Michigan, we believe no one should face the end of life alone. Everyone has the right to spend their final months free of physical, emotional and spiritual pain in an environment where they are most secure. By providing exceptional medical care to patients and expert caregiver support – delivered by capable, dedicated, compassionate professionals – we help families focus on what's most important to them.

**Munson Hospice House**

800-252-2065

450 Brook Street, Traverse City, MI 49684

<https://providers.munsonhealthcare.org/hospicehouse>

**Cost-Varies**

Munson Healthcare is northern Michigan's largest and leading healthcare system. Based in Traverse City, Mich., our team of medical experts, eight award-winning community hospitals, and related organizations serve people in 29 counties in northern Michigan.



**Senior Legal Services**

**Elder Law Pension Assistance**

866-735-7737

<https://www.elderlawofmi.org/>

**Cost-Free**

The Mid-America Pension Rights Project provides assistance free of charge to anyone with a pension question or problem, regardless of age, income, or value of the claim.



**Jordan Balkema Elder Law**

800-395-4347

117 N. Mitchell, Suite 3, Cadillac, MI 49601

<https://www.myelderlawplanning.com/>

**Cost-Varies**

Elder law involves the practice of helping clients protect their assets from probate expenses, nursing home expenses, federal estate taxes, and more. Because it is a complex issue, elder law requires an experienced attorney for the best results.



**Lakeshore Legal Aid**

888-783-8190

<https://lakeshorelegalaid.org/services/>

**Cost-Varies**

Lakeshore Legal Aid is a not-for-profit law firm providing a range of free civil legal services to people who are low income, seniors, survivors of domestic violence and sexual assault in our communities.



**Legal Services of Northern Michigan**

231-941-0771

735 S. Garfield Avenue, Suite 120, Traverse City, MI 49686

<https://lsnm.org/>

**Cost-Varies**

Established in 1966, Legal Services of Northern Michigan fills gaps in the civil justice system that prevent low income and marginalized communities from accessing legal representation.



**Michigan Long Term Care Ombudsman Program**

866-485-9393 or 231-947-2504

<https://mltcop.org/>

**Cost-Free**

Elder Abuse Task Force Symposium: The Elder Abuse Task Force and its panel of experts is offering two virtual events. The three-hour symposiums focus on topics relevant to protecting Michigan's seniors and will feature a question-and-answer session following each topic.



## Transportation

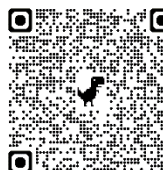
**Department of Health & Human Services Non-Emergency Medical Transportation**

Client Connect: 844-464-3447 (answer all calls Mon-Fri from 9am-3pm)

<https://www.michigan.gov/mdhhs/doing-business/providers/providers/billingreimbursement/non-emergency-medical-transportationmichigan.gov>

Select "MHP NEMT Contacts"

**Cost-Free**



Volunteer transportation or mileage reimbursement for driving self or relative possible if Medicaid eligible.

Call Client Connect to check on eligibility, request transportation paperwork, or a volunteer driver if you have no other way to get to your appointments.

**Love Inc.**

231-779-1888

753 Sunnyside Drive, Cadillac, MI 49601

[Love INC of Wexford and Osceola Counties - Home  
\(loveincwexfordosceola.org\)](http://loveincwexfordosceola.org)



**Cost-Free**

Love INC fosters collaboration and organizes holistic care to help churches serve their neighbors through resources and relationships. When a client walks in or calls our main office, our role is to find a solution to their need; through connections.

**MI Life Transport LLC**

231-577-2082

1816 Chestnut Street, Cadillac, MI 49601

**Cost-Varies**

MI Life Transport is a statewide transportation company located in the great state of Michigan.

**WexExpress**

Dispatch Center: 231-779-0123 - call or text

Rides to Wellness 231-942-7848 - call or text

New Freedom: 231-942-7900 - call or text

Indian Trails: 231-775-0333

951 Casa Road, Cadillac, MI 49601

<https://www.wexexpress.us/>

**Cost-Varies**

Whether you are going to school, work, or the grocery store, we can get you there. We provide door-to-door service for all of Wexford County with regional connections to Tustin and Traverse City. Contact us today to arrange your ride.



## Utility Assistance

**Department of Health & Human Services**

Client Connect: 844-464-3447 (answer all calls Mon-Fri from 9am-3pm)

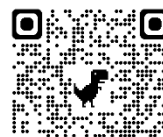
Local Office: 231-779-4500

1064 W. Watergate Road, Cadillac, MI 49601

MI Bridges (michigan.gov)

**Cost-Free**

Helps connect families to the resources they need through the state of Michigan.



**Friend's Ministry**

231-839-8816

3728 S. Morey Road, Lake City, MI 49651

FRIENDS MINISTRY C.C.D.O. - Friends Ministry

**Cost-Free**

We are a multifaceted ministry that provides emergency and long-term relief for the members of our surrounding communities, offering crisis relief and helping to reduce financial strain brought by car or home repairs, overdue utility bills, fuel to get to work, or other necessary living expenses.



**Love Inc.**

231-779-1888

753 Sunnyside Drive, Cadillac, MI 49601

Love INC of Wexford and Osceola Counties - Home

(loveincwexfordosceola.org)

**Cost-Free**

Mobilizing the church, transforming lives and strengthening the communities one person, one family at a time with love, hope and dignity.



**Northwest Community Action Agency**

231-775-9781

1640 Marty Paul, Cadillac, MI 49601

Northwest Michigan Community Action Agency - Northwest Michigan Community Action Agency (nmcaa.net)

**Cost-Free**

Throughout the agency's 50-year history, NMCAA has remained dedicated to strengthening communities through helping individuals and families achieve greater economic security. This is accomplished by assisting residents in solving community problems as well as meeting their individual needs through case management counseling, advocacy, group participation, and service provision.

**Salvation Army**

231-775-7131

725 Wright Street, Cadillac, MI 49601

Contact Us - Cadillac Salvation Army

**Cost-Free**

Poverty is often the result of, and catalyst for, chronic struggles with hunger, addiction, housing insecurity, mental illness, unemployment, educational voids, and various forms of abuse. These interconnected issues continue year after year and generation after



generation. That's why we work to meet the needs of the whole person through short- and long-term assistance.

### **TrueNorth Community Services**

231-355-5880

6308 S. Warner Ave. Fremont, MI 49412

[tnempower.org](http://tnempower.org)

**Cost-Free**

## Veterans

### **Cadillac Vets Serving Vets**

3740 S. 41 Road, Cadillac, MI 49601

<https://www.vetsservingvets.org/>

**Cost-Free**

A Cadillac, Michigan nonprofit that honors and serves those who have served and protected at home and abroad.



### **Department of Veterans Affairs/Cadillac VA Clinic**

231-775-4401

1905 N. Mitchell Street, Cadillac, MI 49601

**Cost-Free**

Our outpatient clinic provides primary care and specialty health services, including mental health services, audiology (hearing loss and balance), treatment for post-traumatic stress disorder (PTSD), tele-health services, and more.

### **Disability Network Northern Michigan - Veteran's Services**

231-922-0903

415 E. Eighth Street, Traverse City, MI 49686

[kfisher@disabilitynetwork.net](mailto:kfisher@disabilitynetwork.net)

**Cost-Free**

### **Supportive Services for Veteran Families - NMCAA**

844-900-0500

email: [homeless@nmcaa.net](mailto:homeless@nmcaa.net)

**Cost-Free**

The purpose of these programs and services is to assist eligible Veterans and their families in maintaining or acquiring safe, affordable housing, becoming integrated socially and economically into their communities, and accessing the necessary services and supports available to them. Housing Intake and Resource Specialists, Healthcare Navigators, and Case Managers

work in tandem with Veterans and their families at every stage of maintaining, identifying, and/or acquiring permanent, affordable, and sustainable housing.

### **Veterans Crisis Line**

Dial 988 then Press 1  
or text 838255

<https://www.veteranscrisisline.net/>

#### **Cost-Free**

Veterans can use this new option by dialing 988 and pressing 1 to contact the Veterans Crisis Line. Veterans may still reach the Veterans Crisis Line with the previous phone number—1-800-273-8255 and Press 1—by text (838255), and through chat (VeteransCrisisLine.net/Chat).



### **Veterans Guide**

Contact Page: [Contact Us | Veterans Guide](#)

VA Disability Calculator: <https://veteransguide.org/va-disability-calculator/>

VA Disability Appeals: <https://veteransguide.org/va-disability/appeals/>

#### **Cost-Free**



### **Wexford County Department of Veteran Services**

231-775-6654

401 N. Lake Street, Cadillac, MI 49601

[https://wexfordcounty.org/?page\\_id=154](https://wexfordcounty.org/?page_id=154)

#### **Cost-Free**

Wexford and Missaukee counties. These funds are used for temporary, financial emergencies or hardship grants. Eligibility requires an honorable discharge and 180 days of wartime service or less than 180 days of wartime services due to service-incurred disability. Apply in the county where you live.



## Youth Services

### **Al Anon Teen**

231-779-2006

200 E. Mason Street, Cadillac, MI 49601

[Teen Corner \(Alateen\) - Al-Anon Family Groups](#)

#### **Cost-Free**

Alateen meetings in the Mobile App are for young people aged 13 to 18 who have been affected by someone else's drinking. We are invited to share experience, strength, and hope with other teens.



### **Adolescent Health/Wellness Centers**

[Adolescent Health Centers – District Health Department 10 \(dhd10.org\)](https://dhd10.org)

**Cost-Varies**

The Adolescent Health Center Program services are aimed at achieving the best possible physical, intellectual, and emotional status of adolescents by providing services that are high quality, accessible, and acceptable to youth.

**Cadillac**

231-306-4900 440 Linden St. Cadillac, MI 49601

Monday-Thursday 7:45-4:00pm, Friday 7:45am-3:00pm Closed for lunch.

**Lake City**

231-282-9039 251 E. Russell Street, Lake City, MI 49651

Monday, Tuesday, Thursday 7:45-4:00pm during the school year.

**Manton**

231-306-3010 105 5th Street, Manton, MI 49663

Monday-Friday 7:45-4:00pm Closed for lunch.

**McBain**

231-383-6565 107 East Maple Street, McBain, MI 49657

Monday-Friday 7:45-4:00pm

**Mesick**

231-876-3805 581 South Clark Street, Mesick, MI 49668

Monday-Friday 7:45-4:00pm Closed for lunch.

**Cadillac Area YMCA**

9845 Campus Dr. Cadillac, MI 49601

231-775-3369

Teen Center: <https://www.cadillacareaymca.org/teen-center/>

**Cost-Free**

The Y is the nation's leading nonprofit committed to strengthening communities in the areas of youth development, healthy living, and social responsibility.

**Child & Family Services of Northwestern Michigan**

231-946-8975

Youth Crisis Line - 231-922-4800 or 800-442-7315

3785 Veterans Drive, Traverse City, MI 49684

**Cost-Free**

Child & Family Services of Northwestern Michigan serves more than 30 counties, with offices in Harbor Springs and Traverse City, by providing support services and educational programs to promote the well-being of children, adolescents, adults, and families in times of crisis, challenge, and life transition.

**First Presbyterian Church - Jack Frost Closet**

231-775-7111

**Cost-Free**

Helps provide free boots and snow pants for children.

**Foster Closet of Michigan Wexford Missaukee**

231-429-7098

1125 E. Division Street, Cadillac, MI 49601

<https://www.fosterclosetofmichigan.org>**Cost-Free**

Helps provide items to youths in need in the community.

**MSU Extension Wexford County 4-H**

231-779-9480

9600 E. 13th Street, Cadillac, MI 49601

[https://www.canr.msu.edu/wexford/wexford\\_county\\_4\\_h/general-info](https://www.canr.msu.edu/wexford/wexford_county_4_h/general-info)**Cost-Free**

4-H clubs are led by dedicated volunteers who believe in our mission to grow the future leaders of our community by ensuring they have the skills to be successful and healthy adults.

**National Runaway Safeline**

1-800-RUNAWAY

<https://www.1800runaway.org/youth-teens>**Cost-Free**

If you're in crisis, you've come to the right place. The National Runaway Safeline is here to listen and here to help.

**Staircase Youth Services**

231-843-3200

24/7 Crisis Line - 1-888-267-6086

124 1/2 N. Mitchell Street, Cadillac, MI 49601

<https://www.staircaseyouthservices.org/>Community Resources: <https://www.staircaseyouthservices.org/services>**Cost-Free**

helping youth and their families build a better, brighter future...together.

