Roscommon County Food Pantries & Free Meal Sites

St. Vincent de Paul, 903 Lake St., Roscommon; 989-275-5204

Food Pantry – Tuesday to Friday; 10 am- 4 pm, must register with SVDP and are entitled to 1 or 2 bags of groceries (depending on family size) every month;

First Congregational Church Food Pantry; 107 S. Main St., Roscommon; 989-275-5055

Wednesday, 12-1 pm

Roscommon Commission on Aging/Senior Center, 510 South St., Roscommon; 989-275-8421

Commodity Supplemental Food Program-monthly, 3rd Wednesday; 10:30-11:30 am. People over 60; women pregnant or breast feedings; infants/children under age 6 AND not on WIC. Proof of income for everyone required. Call 1-800-443-2297 with questions.

Roscommon Commission on Aging/Senior Center; 510 South St., Roscommon; 989-275-8421

Emergency Food Assistance Program (TEFAP); Quarterly-4th Monday; 10-11 am; people of all ages-bring your own box. Household of 1-\$22,340 annual or monthly \$1,862 or less; household of 2-\$30,260 or monthly \$2,522; household of 3-\$38,180 annual or monthly \$3,182 or less; household of 4-\$46,100 annual or monthly \$3,842 or less. Call 1-800-443-2297 with questions

Project Hope, old Denton Township Hall, next to Secretary of State building in Prudenville (M55 & M18); 989-366-5120. Hours open as follows: **Mon.**, **Wed.**, **Thurs. & Fri. -- 10-11:30 & 12:30-2 pm; Tues. 4:30-7 pm. NOTE: Close at 11:30 am on delivery days.** To register, MUST bring: proof of address, date of birth for all residents of household, Social Security number or other proof of custody for all children. Qualifications: must meet poverty income requirements – or – have family member with catastrophic illness – or – have lost a source of income – or – homeless. NOTE: Project Hope serves ALL Roscommon County residents.

FREE COMMUNITY DINNERS:

Good Shepherd Methodist Church, 149 W. Robinson Lake Rd., Roscommon, 989-275-5577

FREE DINNER LAST THURSDAY EVERY MONTH 5-6:30 pm

Messiah Lutheran Church, 1470 W. Maplehurst, Roscommon, 989-275-8820

FREE dinner 2nd and 4th WEDNESDAY EVERY MONTH 5-till food runs out

St. Michael's Catholic Church, 104 N. 6th St., Roscommon, 989-275-5212

FREE dinner 2nd Tuesday EVERY MONTH 5-6:30 pm

St. Helen

St. Helen Commission on Aging/Senior Center; 10493 E. Airport Rd., St. Helen; 989-389-7551

Commodity Supplemental Food Program – monthly, 3rd Wednesday 9-10 am. People over 60; women pregnant or breast feedings; infants/children under age 6 AND not on WIC. Proof of income for everyone required. Call 1-800-443-2297 with questions.

St. Helen Commission on Aging/Senior Center; 10493 E. Airport Rd., St. Helen; 989-389-7551

Emergency Food Assistance Program (TEFAP); Quarterly-4th Monday; 10-11 am; people of all ages-bring your own box. Household of 1-\$22,340 annual or monthly \$1,862 or less; household of 2-\$30,260 or monthly \$2,522; household of 3-\$38,180 annual or monthly \$3,182 or less; household of 4-\$46,100 annual or monthly \$3,842 or less. Call 1-800-443-2297 with questions

Lake St. Helen Baptist Church, 989-389-3111; Mon., Thurs., Friday: 12-3 pm

St. Helen We Care Shop, 2149 N. St. Helen Rd., St. Helen; 989-389-1516; Mon.-Fri.: 10 am-2 pm; Contact:

John Sutter, President, St. Helen WeCare ,2149 N Saint Helen Rd, St. Helen Michigan 48656, 989.808.4655; tuffnuff@charter.net

Food Pantry- We believe that if you feel you need it that you probably do. We try and restrict clients to once a month...but were not locked to that. Sometimes your hungry more than once a month. Our pantry like our store is open to anyone who feels they have a need.

Houghton Lake

Houghton Lake Commission on Aging/Community Center, 2625 S. Townline Road, Houghton Lake, Mi 48629

Commodity Supplemental Food Program – monthly, 3rd Thursday; 9:30 – 10:30 a.m. Individuals over 60; women pregnant or breast feedings; infants/children under age 6 AND not on WIC. Proof of income for everyone required. Call 1-800-443-2297 with questions.

Emergency Food Assistance Program (TEFAP); Quarterly-4th Monday; 10-11 am; people of all ages-bring your own box. Household of 1-\$22,340 annual or monthly \$1,862 or less; household of 2-\$30,260 or monthly \$2,522; household of 3-\$38,180 annual or monthly \$3,182 or less; household of 4-\$46,100 annual or monthly \$3,842 or less. Call 1-800-443-2297 with questions

Houghton Lake United Methodist Church, Monthly, 4th Wednesday, Call Mike Krohn for details 989-387-3870

Emergency Food Assistance Program (TEFAP); Quarterly-4th Monday; 10-11 am; people of all ages-bring your own box. Household of 1-\$22,340 annual or monthly \$1,862 or less; household of 2-\$30,260 or monthly \$2,522; household of 3-\$38,180 annual or monthly \$3,182 or less; household of 4-\$46,100 annual or monthly \$3,842 or less. Call 1-800-443-2297 with questions

VETERANS ONLY "I Support the 1%" Food Pantry

I Support the 1% Food Pantry (<u>http://supportthe1percent.com/2015/04/07/new-location-for-our-food-pantry/</u>) located at the Harry Brown Airport in Saginaw is a private setting for Veterans to receive food assistance, by appointment only. Call 989-823-2078.

1-2015