





2024 Home Delivered Meals: Grand Traverse & Leelanau County

Revised 12-22-23

<p>1 <i>Program closed, but still make menu:</i> Chicken Pot Pie Brussels Sprouts Butternut Squash Fruit Cups Bread & Butter</p>	<p>2 <i>Program closed, but still make menu:</i> BBQ Pork Scalloped Potatoes Cauliflower Fruit Cups Bread & Butter</p>	<p>3 <i>National Spaghetti Day</i> Spaghetti Bake w/meat-sauce Wax Beans Carrots Fruit Cups Garlic Bread</p>	<p>4 Navy Bean & Ham Soup Zucchini Prince Charles Vegetables Fruit Cups Bread & Butter</p>	<p>5 Meatloaf w/ Gravy Mashed Potatoes Creamed Spinach Fruit Cups Bread & Butter</p>
<p>8 Asian Pork/Veggie Stir Fry Vegetable Rice Pilaf Midori Vegetables Fruit Cups Bread & Butter</p>	<p>9 Chicken Cordon Bleu Pasta Green Beans Peppers Fruit Cups Bread & Butter</p>	<p>10 Salisbury Steak Mashed Potatoes Broccoli Fruit Cups Bread & Butter</p>	<p>11 Roast Chicken w/Gravy Au Gratin Potatoes Carrots Fruit Cups Bread & Butter</p>	<p>12 Cheese Omelet Hashbrown Potato Stewed Tomatoes Fruit Cups Bread & Butter</p>
<p>15 <i>Program closed, but still make menu:</i> BBQ Chicken Mashed Potatoes Broccoli Fruit Cups Bread & Butter</p>	<p>16 Swedish Meatballs Mashed Sweet Potatoes Braised Cabbage Fruit Cups Bread & Butter</p>	<p>17 Shepherd's Pie Mashed Potatoes Capri Blend Vegetables Fruit Cups Bread & Butter</p>	<p>18 Stuffed Cabbage Roll Mashed Potatoes Green Beans Fruit Cups Bread & Butter</p>	<p>19 Pesto Chicken w/ Penne Pasta Beets Wax beans Fruit Cups Bread & Butter</p>
<p>22 Stuffed Green Pepper w/ Meatsauce Mashed Potatoes Green Beans Fruit Cups Bread & Butter</p>	<p>23 Cheese Ravioli w/ Marinara Broccoli Wax Beans Fruit Cups Bread & Butter</p>	<p>24 Chicken /Veggie Stir Fry Vegetable Rice Pilaf Midori Vegetables Fruit Cups Bread & Butter</p>	<p>25 Beef Stew Mashed Potatoes Capri Blend Vegetables Fruit Cups Bread & Butter</p>	<p>26 Chicken w/ Mushroom Gravy Rosemary Roasted Redskin Potatoes Sliced Carrots Fruit Cups Bread & Butter</p>
<p>29 Baked Fish Ranch Potato Wedges Prince Charles Blend Vegetables Fruit Cups Bread & Butter</p>	<p>30 Roasted Chicken w/ Gravy Mashed Potatoes Stewed Tomatoes Fruit Cups Bread & Butter</p>	<p>31 Sloppy Joe w/ Cornbread Rosemary Potatoes Mixed Vegetables Fruit Cups Bread & Butter</p>	<p style="text-align: center;">January 1st</p> 	<p style="text-align: center;">Martin Luther King Jr. Day January 15</p> 

Milk is served with all meals. This menu is subject to change.

The Michigan Department of Aging & Adult Services provides the regulations regarding this menu
TO CANCEL MEALS, PLEASE CALL: 231-947-3780 or 1-800-632-7334